

Lesson 6

Compassion in Action



To help pupils work as a team
to take compassionate action



Work together to conduct research

Develop understanding of how people can be
compassionate in their daily lives

Explore actions to make their class, school and
world more compassionate



Lesson Support Resource 14

Film Clip – Compassion in Action

<https://www.youtube.com/playlist?list=PLrO9HaPwTTp-X3cqIdlHujOYFJBY8XABH>

Lesson Support Resource 15

Chain of Compassion Cards

Lesson Support Resource 16

Compassion Challenge



Activity 1: 30 - 40 minutes

Activity 2: 20 - 30 minutes

Activity 1

The Chain of Compassion

- Refer to Lesson 1 'Each One Teach One', and remind students of their definitions of compassion and gratitude
- Invite the pupils to watch *Support Resource 14 Film Clip - Compassion in Action*
- When the film is finished, divide pupils into two groups
 - Group 1 - Distribute *Support Resource 15 - The Chain of Compassion Cards*, and invite pupils to read the cards and put them into the correct order (the teacher should ensure the cards are shuffled prior to distributing to the groups)
 - Group 2 - Visit Children in Crossfire's website (www.childrenincrossfire.org), and find out (a) which countries the organisation works in and (b) what type of work the organisation does

- When completed, each group should share their work to the whole class

Debrief Questions:

- Do you think it is important to show kindness and compassion to people in need? Why/Why not?
- Can you think of a situation where it is important to be compassionate towards someone?
- Can you think of a time when someone was really compassionate to you? How did it make you feel?
- Do you think it is important that we take actions to help the world become more compassionate? Why/Why not?
- Do you think Children in Crossfire is doing important work? Why/why not?

Activity 2

The Compassion Challenge

- Divide pupils into groups for three or four, and distribute *Support Resource 16 - Compassion Challenge*
- Ask each group to discuss and complete the worksheet
- When the above has been completed, each group should present their ideas to the wider class
- Host a discussion with the class about how they can implement their ideas, and agree action steps

Ongoing Development:

- Introduce the pupils to the Compassion Pledge (*poster available with this resource*)
- Invite the pupils to read the pledge and explore the various pledge commitments
- Invite the pupils to sign the pledge and display it proudly on your wall