



**Did you know that it is very important to talk to babies from birth?**

**ZUNGUMZA NA MTOTO MCHANGA!**

If we talk to babies from the day they are born, we will help them to speak well. Children who speak well and who know many words, grow up to be more successful in learning to read, throughout school and in life.

Babies are born able to see and hear. Talking to babies is very easy and very enjoyable, because your baby will respond to you by smiling and making sounds.

- You can talk while you are caring for your baby
- You can talk to your baby while you do your daily activities, even when you are carrying him/her on your back.
- Tell him the names of people and things.
- When your baby starts to make sounds, look at him, and repeat his/her sounds back to him/her.
- Start to enjoy communicating with your baby long before he/she can use real words, because he/she is learning from you.

**TALKING TO BABIES IS A PRECIOUS GIFT THAT ALL PARENTS CAN GIVE TO THEIR CHILDREN - AND IT COSTS NOTHING!**

*Tell everyone! When you have read and understood the information on this card, pass it on to another parent.*