Educating the Heart: How Can We Measure Impact?

You can ask these questions before implementing the Educating the Heart pupil programme, then repeat again when the programme is completed.

I Notice Stress When It Arises in Me.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★

I Have a Plan of Action That Helps Me When I Am Feeling Stressed.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★

I Feel a Connection to People Across My School.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★

I Feel a Responsibility to Look Out for People Across My School.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★

I Feel a Responsibility to Look Out for the Environment in My School.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★

I Feel a Connection to People in My Local Community.

Always  ★  Often  ★  Sometimes  ★  Rarely  ★  Never  ★
I FEEL A RESPONSIBILITY TO LOOK OUT FOR PEOPLE IN MY COMMUNITY.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I FEEL A RESPONSIBILITY TO LOOK OUT FOR THE ENVIRONMENT IN MY LOCAL COMMUNITY.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I FEEL A CONNECTION TO PEOPLE IN OTHER PARTS OF THE WORLD.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I FEEL A RESPONSIBILITY TO LOOK OUT FOR PEOPLE IN OTHER PARTS OF THE WORLD.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I FEEL A RESPONSIBILITY TO LOOK OUT FOR THE ENVIRONMENT IN OTHER PARTS OF THE WORLD.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I AM ABLE TO CONSIDER THINGS FROM OTHER PEOPLE’S POINT OF VIEW.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I AM AWARE OF WHERE MY FOOD AND CLOTHES COME FROM.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️

I KNOW WHAT ACTIONS TO TAKE AS A GLOBAL CITIZEN.

Always  ⭐️  Often  ⭐️  Sometimes  ⭐️  Rarely  ⭐️  Never  ⭐️